



September
Fall 2019

Prevention Network
We Take Prevention Personally!

The clear choice

THE PREVENTION WAY OF LIFE.

27th Annual Parenting Awareness Michigan Conference

November 18, 2019, Kellogg Hotel and Conference Center in East Lansing

This conference brings together all around the state with most of the 83 counties to learn about the important work with parents, families, and children in Michigan! This professional development conference is for anyone who works with parents and families. Highlights: keynote presentations, workshops on issues facing today's parents and caregivers, a variety of exhibitors showcasing parenting programs, and resources. Bonus activities include networking with others throughout Michigan, fun door prize baskets, and the Ice Cream Social to end the day. Continuing education will be offered for MCBAP, Social Work, and CFLE. See page 4 to learn about this year's keynote speaker and much more.

Protect Kids- Fight Flavored E-Cigs!

There's a public health emergency unfolding right before our eyes — and the cause couldn't be more clear. 1 in 5 High School Students Uses E-Cigarettes

E-cigarettes are hooking a new generation on nicotine—putting millions of kids at risk and threatening progress in reducing youth tobacco use. It's a nationwide epidemic, fueled by thousands of kid friendly flavors. **And it's getting worse. Get the Facts** The numbers don't lie. Flavored e-cigarettes packed with addictive nicotine are fueling a youth epidemic. E-cigarettes are hooking a new generation of kids, thanks to Big Tobacco tricks like slick marketing, thousands of kid-friendly flavors and massive doses of nicotine. Last year, e-cigarette use among high schoolers skyrocketed by 78%, to 1 in 5 students. This dangerous epidemic is putting millions of kids at risk and threatens decades of hard-fought progress in reducing youth tobacco use.

And it's getting worse each day. Learn more <https://fightflavoredcigs.org/>

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A Message from the Executive Director

by Ken Dail, Executive Director

As we all head into a new fiscal year, it doesn't take a lot of effort to see that we are in the midst of some disturbing and dangerous trends. News stories with words like "epidemic" and "crisis" seem to be regular occurrences on the evening news, on the pages of newspapers, and highlighted in just about every magazine that can be bought or downloaded. Conversations with our friends and family members outside the substance abuse disorder field quite often turn to the latest opinion piece or research study that our loved ones heard about through National Public Radio or a recent podcast they subscribe to. To many outside our field, things seem pretty grim. And, to be honest, to us within the SUD field, it's not all fun and games during this season.

Teen marijuana use, which had been trending down for two-plus decades, seems to be on the rise. Youthful use of electronic nicotine delivery devices, or ENDS, has skyrocketed in recent years. The heroine public health crisis has become not only a media hot topic, but a political talking point for many who are running for local, state, and national offices. Cocaine and methamphetamine use rates are reportedly trending upwards in several Michigan communities.

From the outside looking in, things don't look good in the world of substance abuse prevention, treatment, and recovery. And yet, here we are. Heading into a new fiscal year, a new school year, a new program year with optimism, with research on our side, and-dare I say-with hope.

At conferences and meetings throughout the state, I continue to be inspired by veterans in the prevention field, and fresh new faces that have joined us more recently. (Please see information about Louise Harder's award on page 6) New ideas and new versions of some old ideas continue to be shared, presented, and implemented throughout our state. We continue to follow the research, the trends, and the funding streams as we work in our communities to reverse the upward trends and give parents and other adults the tools they need to make a difference in their families and neighborhoods.

The services and resources available to individuals and families coming out of treatment and entering into long term recovery of substance use disorders have increased and the stigma around recovery continues to shrink. There is still work to be done, but those in long term recovery today have systems in place that were either difficult to access or non-existent a decade ago.

If you have the privilege of staying in this field long enough, you will see substances come and go. You will see funding trends, both public and private, chase the substance trends. You will see high profile speakers, low impact programs, and glitzy ad campaigns rise and fall as the trends shift.

What you will see stick around is research, committed individuals and agencies, proven effective strategies and programming, and-dare I say it-hope. We are a hope-full field. Hope is defined as a feeling of expectation that a thing we want to happen will actually happen. It is where we start. It is why we follow the research and science, the epidemiology, to create and implement programs and strategies that we have an expectation will work.

In spite of some numbers and trend that are not healthy for our young people in our state, we continue on hope-filled and energized that we will make a difference. We have science and experience on our side. At this time next year, we will be talking about reversing some trends. We will talk about additional funding and how we are able to use it to make positive differences in our communities. We will look back and share and celebrate a tough year, but a fruitful one.

We at Prevention Network remain grateful that you are allowing us to work along side you as we head into this year together. We look forward to seeing you soon...



Michigan Higher Education Network

MIHEN News

Cannabis Prevention

In November of 2018, Michigan voters approved to legalize adult use cannabis. This has left Preventionists wondering how to navigate changing and conflicting laws, misinformation spreading quickly online, and public health. We are in an era where new research on cannabis is coming out almost daily, yet full knowledge of harm and prevention strategies are years behind the legality of the substance. Effective prevention can only come with a full understanding of cannabis as a substance, the language we use, and current research.

Cannabis as a Substance

When working with community members, it is helpful to understand plant methodology and the impact on the body. For example, it is important to know there is a delayed onset of effects when consuming cannabis through food or drink, increasing the risk of overdose and other negative health effects. Methodology can also impact the quantity of THC – the psychoactive ingredient – a person consumes, and therefore risk of harm. In addition, knowing about the plant and common terminology will help one understand what community members or clients are referring to. [Click here](#) to learn more.



Language We Use

Our language is key around messaging and prevention campaigns. One piece of this is understanding the history of the term “marijuana”. The word marijuana comes from a Mexican word used for the cannabis plant in the early 1900, spelled and pronounced “mariguana”. The English language altered the spelling to marihuana, then later, marijuana. (The early spelling of the substance is still seen in Michigan law.) In the 1930, racist propaganda and campaigns were used, linking cannabis to violence, as well as other social ills, specifically targeting Mexicans and African Americans. This led to criminalizing cannabis use in the “Marihuana Tax Act of 1937”. Using the term “cannabis” is much more neutral and refers to the plant in its entirety, rather than just the bud.

Another term I hear associated with cannabis is “recreational”. Activities I enjoy for recreation include hiking, biking, running, and swimming; not using cannabis. Especially in a time when we are encouraging more recreation for youth, we want to make sure our language is clear. A term I have found more appropriate is “adult use” cannabis. This is a more neutral term and reflects the dangers of youth use.

When crafting prevention messaging, we need to be mindful of how the community will receive the language.

Current Research

A common complaint I hear from the field is that there is not enough research on cannabis yet. This is not entirely accurate. In fact, a quick search populated over 15,000 research articles on “cannabis” published so far this year alone. However, the field is behind in researching effective prevention strategies, the impact of more concentrated and more frequent use, and long-term effects of using. There are also a lot of sources the community gets their information, not all of which are accurate. We need to look at all the data out there and do a better job of equipping communities with the accurate information and support they need.

The Michigan Higher Education Network recently published a prevention toolkit to help practitioners at colleges and universities create better policy and implement promising strategies for cannabis prevention.

https://docs.wixstatic.com/ugd/286dad_654f43cc76704a969227757ffbaob1f.pdf. For more information, please email the MIHEN coordinator, Louise, at louiseh@preventionnetwork.org.

M *Parenting Awareness* MICHIGAN

27th Annual PAM Conference, November 18, 2019

PAM celebrates people raising children and promotes year-round education and resources for parents and caregivers. Its mission is to promote parenting awareness, education, and resources through state outreach and local effort.

We know that happiness is what comes when kids try new things and learn the lessons, they need to live a healthy productive life. Come and get recharged about your important work with parents, families, and children in Michigan! This professional development conference is for anyone who works with parents and families. Highlights: keynote presentations, workshops on relevant issues facing today's parents and caregivers, and a variety of exhibitors showcasing parenting programs and resources. Bonus activities include networking with others throughout the state, fun door prize baskets, and the Ice Cream Social to end the day. Continuing education will be offered for MCBAP, Social Work, and CFLE.



Lisa Dietlin International Speaker, Author, Media Personality, Transformational Change Agent and Philanthropy Expert, Founder/CEO, The Institute of Transformational Philanthropy, will bring a positive spin with her keynote talking about **"Achieving Your Goals through THE POWER OF THREE."** In addition to her **keynote**, she will provide a workshop in two sessions: "The Key to Achieving Your Goals While Living an Inspired and Balanced Life."

Reasons you should attend:

- Professional development from early childhood and beyond
- Network with your peers
- Choose from twenty-three workshops
- Find resources you need from one of our many exhibitors
- We provide continuing education hours: MCBAP, MICEC, and CFLE
- Chance to win a door prize
- Ice cream social at the end of the day...and much more

Registration is open, so visit www.preventionnetwork.org/pam for regular updates. Remember to join us on Facebook. Register today at <https://preventionnetwork.regfox.com/27th-annual-parenting-awareness-michigan-conference>. Contact Kristine Norton, PAM Conference Coordinator at 800-968-4968, or kristinen@preventionnetwork.org with any questions.

The Five W's of Life

Anonymous Author

WHO you are is what makes you special? Do not change for anyone.

WHAT lies ahead will always be a mystery. Do not be afraid to explore.

WHEN life pushes you over, you push back hard.

WHERE there are choices to make, make the one you won't regret.

WHY things happen will never be certain. Take it in stride and move forward.

Michigan Coalition to Reduce Underage Drinking

MCRUD News



MCRUD 2019 Calendar through December 2019

September 24 MCRUD steering committee - The meeting will be hosted by the Shiawassee Prevention Network. There will be a presentation by the Genesee County Prevention Coalition and the meeting will take place at the Shiawassee County Health Department in Corunna.

October 22 MCRUD steering committee – The meeting will be hosted by the Piast Institute and the Hamtramck Drug Free Community Coalition (HDFCC). The HDFCC will be presenting on an outlet density project that they completed, and the meeting will take place at the Piast Institute in Hamtramck.

November 26 MCRUD steering committee – Location and other details are still being determined.

No steering committee scheduled for December.

December 4 (Wednesday) - Michigan Liquor Control Commission semi-annual public hearing at 10:00 a.m. at Constitution Hall in Lansing (525 West Allegan Lansing, Michigan 48933).

MCRUD Steering Committee meetings are typically the fourth Tuesday of the month from 10:00 a.m. – 12:00 p.m. ***If you are a local coalition leader or someone that cares about reducing underage drinking and other alcohol problems, then we want to hear from you, and we encourage you to get involved with MCRUD.*** For people that can't come to the meeting there is always a conference line available. For more information about MCRUD please contact Mike Tobias, at 517-393-6890 and/or visit www.mcrud.org.

News Relevant to MCRUD

- In late June 2019 the Supreme Court of the United States ruled that Tennessee's two-year residency requirement for retail liquor licenses violates the United States Constitution's Commerce Clause and is not saved by the 21st Amendment. It's unclear what impact this will but it appears to be a blow to state's rights to regulate alcohol.
- August 21 - Governor Whitmer appointed Patrick Gagliardi and GERALYN Lasher to the Michigan Liquor Control Commission. Gagliardi was named Chair of the Commission and began his term August 26. He succeeded Teri Quimby. GERALYNN Lasher will begin her term September 9 and succeeded Andy Deloney. You may recall that Pat Gagliardi previously served as an Administrative Commissioner under Governor Granholm and that he, along with Nida Samona, voted to ban the prepackaged alcohol energy drinks in 2010.
- The work group that MCRUD is convening to revise the State's strategic plan to reduce underage drinking is coming along and will be completed by the end of September.
- MCRUD continues to work with the Kalamazoo Substance Abuse Task Force and Patrick Hindman on an outlet density project.
- Current MCRUD Chair, Ashley Bergeon, headed up a Strengths, Weaknesses, Opportunities, and Threats Assessment and below are the results of it that will be voted on at the September 24 steering committee meeting.
 - 1) Advocate for policy change to stay relevant for sustainability.
 - 2) Implement formalized coalition structure to address sustainability, build capacity, and engage new and current members.
 - 3) Increase MCRUD's capacity to provide education, training, and technical assistance to members and local coalitions throughout the state to build coalition capacity and sustainability.
- MCRUD Coordinator, Mike Tobias, recently presented at the 12th Annual Alcohol Law and Policy Conference and was part of a panel entitled, "Public Health Concerns in Alcohol Deregulation Debates." Overall, the conference was very good and information about the conference presentations will be emailed to the MCRUD steering committee in the coming months.

A Huge Congratulations! Louise Harder has been recognized as Michigan's Preventionist of the Year!



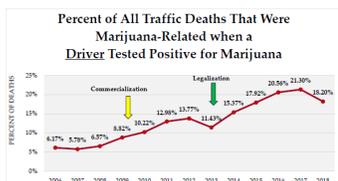
From left to right: Joe Thayer, Board Co-Chair, Prevention Network, Ken Dail, Executive Director, Prevention Network, Kristine Norton, PAM Coordinator, Louise Harder, MIHEN Program Coordinator, Mr. Larry Scott, Director, MDHHS/OROSC, Mike Tobias, MCRUD Coordinator, Lisa Coleman, Contract Manager, MDHHS/OROSC

At the 20th Annual Substance Use and Co-Occurring Disorder Conference this year on September 16 & 17, 2019 in Detroit at the TCF (formerly Cobo Hall) with 1300 attendees, Larry Scott, Director, and Angie Smith-Butterwick with Michigan Department of Health and Human Services/Office of Recovery Oriented Systems of Care presented the award to Louise.

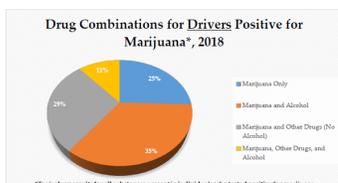
MDHHS/OROSC contracts with Prevention Network to manage the Michigan Higher Education Network (MIHEN). Louise helps provides colleges and universities the tools, resources, and support to launch alcohol and drug misuse prevention and recovery programs on their campuses.

As the MIHEN Coordinator and, in that role, she has excelled in her duties and responsibilities. She is passionate and brings an essence of collaboration as she has increased the MIHEN membership and connected PIHPs - Prepaid Inpatient Health Plans, and Providers with local colleges and universities. These connections have been fruitful in developing collegiate recovery programs, implementing prevention programs like Prime for Life on campuses, and hosting events that engage students and teachers.

She has diligently participated in many activities pertaining to her role which include planning an annual MIHEN Conference, created a Michigan Collegiate Cannabis Prevention Toolkit, visited campuses across the state, shared resources regularly, maintained the MIHEN website, hosted webinars, and facilitated 3-4 MIHEN calls per year. In addition, she was an integral part in helping to update the statewide Underage Drinking Prevention Strategic plan. Louise attends National Conferences and brings back information to share with MIHEN, as well as, she has been asked to participate in panel presentations at the national level. The partnerships that Louise has created at the national, state, and local level have been invaluable to the success of the Michigan Higher Education Network.



SOURCE: National Highway Traffic Safety Administration, Fatality Analysis Reporting System (FARS), 2006-2011 and Colorado Department of Transportation 2012-2018



*Toxicology results for all substances present in individuals who tested positive for marijuana
SOURCE: National Highway Traffic Safety Administration, Fatality Analysis Reporting System (FARS), 2006-2011 and Colorado Department of Transportation 2012-2018

The Legalization of Marijuana in Colorado: The Impact September 2019 Report: Executive Summary

The Rocky Mountain High Intensity Drug Trafficking Area (RMHIDTA) program has published annual reports every year since 2013 tracking the impact of legalizing recreational marijuana in Colorado. The purpose is to provide data and information so that policy makers and citizens can make informed decisions on the issue of marijuana legalization. Section I: Traffic Fatalities & Impaired Driving

READ FULL REPORT HERE <https://rmhidta.org/files/D2DF/FINAL-Volume6.pdf>

The Truth About Electronic Cigarettes (a.k.a Vaping Products)

https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2955_2973_94238---,00.html

What are e-cigarettes?

Electronic cigarettes (e-cigarettes) is the name given to a group of battery-operated tobacco products that allow users to inhale aerosolized liquid (e-juice) containing nicotine and other substances. The terms "e-cigarettes" and "e-cigs" are often used for electronic cigarettes, as well as for e-pens, e-pipes, e-hookah, and e-cigars. These products are also sometimes called "JUULs" (after a branded e-cigarette of the same name), "vapes," and "vape pens." Unlike traditional cigarettes, e-cigarettes are made up of a battery-operated heating part — a cartridge (unit) that typically holds nicotine and other chemicals that change into a chemical-filled aerosol when heated.



[Learn more about e-cigs](#) in this presentation.

- Why are they so popular with kids?
- What does the law say about e-cigarettes?
- Health & safety concerns
- Learn more information about e-cigarettes and what you can do

GO TO: https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2955_2973_94238---,00.html and click on each blue tab to get more information

For more information about the impact e-cigarettes are having on Michigan and how you can get involved in public health efforts, please contact the MDHHS Tobacco Section at 517-241-6303 or your [local health department](#).

The American Lung Association is Introducing “The Vape Talk” “How to Talk to Your Kids About Vaping”

What Parents Need to Know

The guide is intended to help have an important talk about vaping with your kids. The health risks are real and they need you to fight for them. First know the facts first.

You’ve probably heard a variety of terminology, but don’t let that confuse you. JUUL, vapes and vape pens are all forms of e-cigarettes and they’re all dangerous. There is a misconception that vapes are just flavors and steam. Not true. Vaping is highly addictive. In fact, one JUUL pod contains as much nicotine as 20 cigarettes, or about one pack of cigarettes. Vape pods also contain toxins and carcinogens, including formaldehyde, propylene glycol and acrolein, which can cause irreversible lung damage. And because vaping is new, we’re still uncovering its long-term health effects. All these risks are being funded by a familiar foe, Big Tobacco. Altria, the owner of Marlboro, is the primary investor in JUUL. Now these tobacco firms are targeting your kids. Parents are in the best position to protect their kids against such powerful and dangerous opponents. [Download the three page guide here](#)

THEVAPETALK.ORG | 1.800.LUNGUSA | : <https://www.lung.org/stop-smoking/vape-talk/>

Adverse Childhood Experiences (ACEs)

As research that began in the 1990s continues to develop, evidence seems to point to Adverse Childhood Experiences (ACEs) as an important focus for prevention workers and advocates to concentrate their efforts¹. ACEs happen when an individual is exposed to toxic stress at a young age, which can be caused by various dynamics including:

- Experience of childhood abuse and/or neglect,
- Presence of mental illness and/or substance abuse disorder in the home,
- Parental separation, divorce, or death,
- Witnessing domestic and/or sexual violence,
- Or a close family member being incarcerated.²

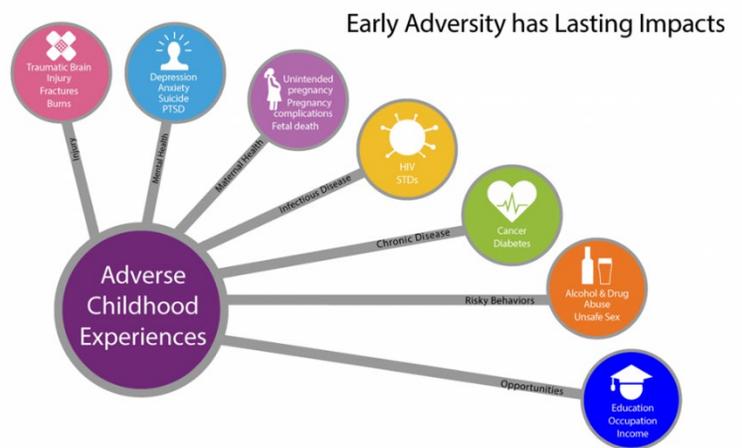
The toxic stress caused by these types of situations or experiences can have effects that reach far into the survivor’s adulthood. Some of the negative health and social outcomes associated with these types of experience include increased likelihood of:

- Problematic substance use,
- Risky sexual behavior,
- Unintended pregnancy
- Development of cardiovascular disease, cancer, diabetes and/or asthma,
- Poor mental health, including poor sleep,
- And/or low academic and occupational achievement.²

Due to the impact of ACEs, it is crucial that communities do what they can to prevent them from occurring in the first place. For some groups, this may involve spreading knowledge about the impact of ACEs have on developing brains, social skills, and economic development so that this information becomes common to all. Others may have the

capacity to focus their efforts on policy change that fosters healthy, safe, and supportive environments for children, including adoption of and funding for evidence-based practices. Regardless, these efforts must be centralized in the community’s commitment to engaging with their youth in order to break the cycle of intergenerational trauma.³

As professionals in the prevention field, it is important to address ACEs as an important risk factor for not one, but many negative outcomes our causes seek to address and eliminate. See the resources below to learn more about how you can implement strategies within your organizations and coalitions to prevent ACEs while strengthening your prevention efforts.



Sources:

¹Children's Safety Network. (2018, September 19). Working "Upstream" to Prevent Adverse Childhood Experiences (ACEs). In *Children's Safety Network*. Retrieved from https://www.childsafetynetwork.org/sites/childsafetynetwork.org/files/18_9_19_CSN_ACEsWebinar.pdf

²Centers for Disease Control and Prevention. (2019, April 2). Adverse Childhood Experiences (ACEs). In *Centers for Disease Control and Prevention*. Retrieved from <https://www.cdc.gov/violenceprevention/childabuseandneglect/index.html>

³Cox, L. (2017, August 28). 4 Ways to Create Community Resilience and Help Prevent Adverse Childhood Experiences (ACEs). In *National Resilience Institute*. Retrieved from <https://nationalresilienceinstitute.org/2017/08/create-community-resilience-help-prevent-adverse-childhood-experiences-aces/>

Resources:

“Essentials for Childhood Framework” (<https://www.cdc.gov/violenceprevention/pdf/essentials-for-childhood-framework508.pdf>)

“Building Community Commitment for Safe, Stable, Nurturing Relationships and Environments” (<https://www.cdc.gov/violenceprevention/pdf/efc-building-community-commitment.pdf>)

“Framing 101 on Child Abuse and Neglect Prevention” (https://www.childsafetynetwork.org/sites/childsafetynetwork.org/files/18_9_19_CSN_ACEsWebinarHandout1.pdf)

15 apps parents should look out for on their kids' phones

Published: July 31, 2019 Updated: August 7, 2019

Before kids go back to school, police around the country are reminding parents of potentially dangerous apps.

The recent arrests of 25 men in Florida for allegedly trying to have sex with children has prompted a sheriff there to issue another 'app warning' for parents, [reports CBS Miami](#).



The arrests happened from July 17 to July 20 after the suspects responded to internet ads, online apps and social media sites, according to the Sarasota County Sheriff's Office.

During his press conference last week, the sheriff listed 15 apps that parents need to know about. (Six of them were used by the suspected predators who were recently arrested.)

1. The first is **'MeetMe,'** an app where teens can easily be in contact with users much older than them, with an emphasis on dating.
2. **'WhatsApp'** and **'SnapChat'** are for messaging, but teens can send unlimited messages, have video chats, and share their live location with other users, including people they may not know.
3. **'Skout'** is a flirting app that's used to meet and chat with new people. Teens and adults are in different groups, but ages aren't verified.
4. **'TikTok'** is used for sharing user created videos that can contain bad words, even adult content.
5. **'Badoo'** and **'Bumble'** are dating apps for adults, but teens can still find ways to join.
6. **'Grindr'** is geared towards the LGBTQ community. It allows users to share photos and meet up based on phone's GPS location.
7. **'Kik'** is specifically for kids, but anyone can join and anyone can contact or direct message your child.
8. **'LiveMe'** is a live streaming app, but you don't know who's watching and your kids location is revealed.
9. **'Holla'** is all about connecting strangers around the world through video chat. Enough said.
10. **'Whisper'** is a social confessional where kids can remain anonymous, but still share their feelings. And it can reveal your child's location for a meet up.
11. **'ASKfm'** encourages people to allow anonymous users to ask them questions, which opens the door for online bullying.
12. **'Hot or Not'** rates users on attractiveness.. There's no age verification and users can send each other messages.
13. And lastly, **'Calculator%'** apps are several secret apps that allows kids to hide their photos, videos, and browser history.

[Common Sense Media](#) is a good website to keep handy. It gives parents a break down on what they should know about common apps out there. It also provides advice on monitoring your kids apps.

"Unfortunately, the internet allows for easy and anonymous access to children by strangers who are hiding behind a computer screen," Sheriff Tom Knight told CBS.

Source: Sarasota County Sheriff's Office

News release: https://www.sarasotasheriff.org/news_detail_T13_R921.php

Press conference: <https://youtu.be/PMKlpT8lRAq>

Facebook post: <https://www.facebook.com/SarasotaCountySheriff/photos/a.501774346501129/3173642295980974/?type=3&theater>

Twitter post: <https://twitter.com/SarasotaSheriff/status/1154777409339756545>

Instagram post: <https://www.instagram.com/p/BoYw-UQHN7D/>

YouTube playlist featuring each app: <https://www.youtube.com/playlist?list=PLFUsye8ol-fmGDPvkV4,66t-wWXvMHahNh>

Courageous PERSUADERS



Over \$25,000 in Scholarships Awarded to High School Students at Courageous Persuaders Awards Celebration. Students honored for creating videos that raise awareness on dangers of underage drinking, drinking and driving and texting while driving.

The Detroit Auto Dealers Association (DADA) hosted its annual

Courageous Persuaders Awards Celebration on Wednesday, May 1 at the Emagine Theatre in Royal Oak, MI, where over \$25,000 in scholarships and awards were granted to high school students. These courageous students took a stand to raise awareness amongst their peers on the dangers of underage drinking, drinking and driving and texting while driving. The DADA is the primary sponsor and administrator of the Courageous Persuaders program, which is facilitated through the DADA Education Foundation. "This was truly an inspirational event," said Rod Alberts, DADA Executive Director, who represented the DADA at the event. "It provides hope that our next generation will not only make positive lifestyle choices but will inspire others to do the same."

Now in its 19th year, Courageous Persuaders is a competition where high school students create 30-second television commercials warning middle school students about the dangers of underage drinking, drinking and driving, and texting while driving. The contest drew 706 entries from 281 high schools and has involved over 900 students from 38 states across the U.S. and from Ontario. Over 1,000 middle school students viewed and evaluated the videos as part of the judging process. Courageous Persuaders continues to grow in scope and reach each year as it connects with more students and partners across the nation. "Courageous Persuaders would not be possible if it were not for the gracious support from our partner companies," added Alberts. "Underage drinking, drinking and driving, and distracted driving are national problems and having a longstanding partnership with State Farm has allowed us to expand our national reach and ultimately positively impact more lives."

Student scholarships and award winners:

- Grand Prize, \$3,000 – "Was That Drink Worth Your Last Breath?" by Noah Hudson-Peralta, Frederick V. Pankow Center, Clinton Twp., MI
- State Farm Fan Favorite Award, \$2,500 (winning school) – Lee M. Thurston High School, Redford, MI and State Farm Fan Favorite Award, \$1,000 (winning student) – "Who's at Risk" by Asia Yandan, Lee M. Thurston High School, Redford, MI
- DADA Award, \$2,000, Dangers of Texting While Driving – "Downgrade" by Owen Walter, Sickles High School, Tampa, FL
- DADA Award, \$2,000, Dangers of Underage Drinking – "Doors to The Future" by Delaney Rohrs, Careerline Tech Center, Holland, MI
- Adcraft Detroit Award, \$2,000:

presented to the commercial that conveyed information about the dangers of alcohol use in the most persuasive and creative manner – "Don't Let Alcohol Take the Wheel" by Shane Verkest, Jack Braithwaite, Lauren Bayless, Frederick V. Pankow Center, Clinton Twp., MI

- First Place Award, \$2,000, Dangers of Underage Drinking – "Puppet on Strings" by Jacob Ashba, Frederick V. Pankow Center, Clinton Twp., MI
- Detroit Auto Dealers Association Executive Award, \$2,000 – "Life Is Precious" by Palmer Williams, Hillgrove High School, Powder Springs, GA
- Friends of Linsey Renee Cianciolo Memorial Fund, \$1,500 – "That Girl" by Jenna Gaylord, Lake Orion High School, Lake Orion, MI
- Lindsey Renee Cianciolo Family Memorial Fund, \$1,500 – "1 Drink" by Will Dungan, Oakland Schools Technical Campus Southwest, Wixom, MI
- State Farm Award, \$1,000: chosen based on the commercial's effectiveness on the dangers and consequences of underage drinking and automobile usage – "Do It for Others, Do It for You" by Julie Lee, Curtis High School, Staten Island, NY
- Michigan Film and Digital Media Office Award, \$1,000 – "Memories" by Emma Paletta, Oakland Schools Technical Campus Southwest, Wixom, MI
- Second Place, \$1,000, Dangers of Underage Drinking – "Drinking Impacts Everyone" by Allison Hummel, Romeo High School, Romeo, MI
- Courageous Persuaders Award, \$1,000 – "Everything Is Destroyed" by Aasutosh Acharya, Cottonwood High School, Murray, UT
- Third Place, \$500, Dangers of Underage Drinking – "I'm Sorry" by Jaxton Bevins, Lenawee ISD Tech Center, Adrian, MI
- Wall Street Journal – Courageous Leader Award – Michael Kaufman, TV & Broadcast Media Teacher, Frederick V. Pankow Center, Clinton Twp., MI
- Oakland University Award, \$500 – "Angel and Devil" by Hunter Miller, William D. Ford Career Tech Center, Westland, MI
- College for Creative Studies Award, \$250 – "Be Scared" by Samuel Miller, Colin Risha, Weston Welch, Plymouth High School, Canton, MI

In addition to the scholarship, the grand prize-winning student receives the opportunity to participate in a professional editing session to make the video broadcast ready by Pluto Post Productions. The commercial will be broadcast on the Courageous Persuaders website, on television, and will be televised in select branches of the Michigan Secretary of State's Office. For more information on the program, and to view the winning videos, go to CourageousPersuaders.com, or contact Sandy Herp, shep@dada.org, 248.283.5138.

Detroit Auto Dealers Education Foundation Education Foundation

The mission of the DADA Education Foundation is to promote excellence in education through quality programs and leadership. In addition to the Courageous Persuaders program, the Foundation also administers Automotive Education Day at the North American International Auto Show (NAIAS), and the NAIAS Poster Contest.



The mission of the DADA is to support its membership through legislative and industry representation, educational programs and communications, and community relations activities. Founded in 1907 by a group of five Detroit-area auto dealers after they hosted the very first Detroit Auto Show in the same year, today, the DADA membership includes 190 new-vehicle dealers who own 226 dealerships-selling 42 different vehicle lines in 66 cities throughout the greater Detroit area. The dealers are affiliated with the DADA through one or more of 12 vehicle line groups, or through individual membership.

One of the chief goals of the association is to promote the integral role that the motor vehicle plays in the economy of our nation and the world. Many of the members of the Detroit Auto Dealers Association participate in the NAIAS, LLC, which is responsible for the production of the North American International Auto Show (NAIAS). The DADA members support their communities through charitable involvement.

The most significant charitable venture of the DADA is the annual NAIAS Charity Preview. Since 1976, the Charity Preview has raised over \$117 million for southeastern Michigan children's charities – over \$40 million of which was raised in the last 10 years alone. In 1998, the DADA founded the DADA Charitable Foundation Fund, one of the benefiting charities of the NAIAS Charity Preview, to support charitable organizations and activities that assist children and youth.

Free Education Series will resume in September!



Dawn Farm offers two free annual community education series, presented at the St. Joseph Mercy Hospital in Ypsilanti on Tuesday evenings. All programs are free, no registration is required, and anyone with a personal or professional interest is welcome! "Teens Using Drugs: What to Know and What to Do" is a free, ongoing, two-part series that was started as a PAM event in March 1999 and is now going into its 21st year! Programs are presented by Dawn Farm Youth and Family Services therapists on the first (part one) and second (part two) Tuesdays of October, November, and January through June. The "Teens" series is inclusive of parents, teens, other family members, professionals and students (parents and teens are encouraged but not required to attend together.) Part two includes separate break-out sessions for adults, and for teens to explore the personal effects of substance use. Co-sponsors include Ann Arbor Public Schools, St. Joseph Mercy Greenbrook Recovery Center, and the WISD/LESA Health Educators' Learning Network. The Dawn Farm Education Series provides helpful, hopeful, practical information on a variety of topics about substance use disorders, recovery, family concerns, and related issues, and provides free MCBAP CE.

The series will begin its 29th year as a free community resource on September 17, 2019. The 2019-2020 series will include exciting new programs as well as previous favorites. Please contact Dawn Farm at 734-485-8725 or info@dawnfarm.org or see www.dawnfarm.org for information.



Welcome and Introductions



The MI-APP- Michigan Adolescent Pregnancy and Parenting Program steering committee is a group of people interested in helping steer the work of MI-APPP. Our work is to help pregnant and parenting teens towards a successful future in whatever way they see that. Currently we have 27 teen parents enrolled.

Updates:

We have hosted groups each month sharing resources our teens have expressed needs for, as well as fun outings.



In March, we partnered with Starfish University to offer a class on self care. This class discussed how stress can impact us and provided tools to help practice self-care. Starfish University offers a wide array of programming from fitness to preparing healthy meals to parenting to computer skills. We often post and always promote their educational opportunities to our teens and offer to provide transportation to the classes.



In April we took a break and went swimming! The Wayne Hype has an indoor pool that provided fun family time as well as an opportunity for our families to engage with and meet other teen parents.

In May we had Jason Rasizzi from Michigan Works come out and discuss job readiness. Since many of our kids attend Cambridge High School we decided to offer this class at the school. It was very well attended, not only by our parenthood kids, but many of the others who attend school there. Jason gave out his contact information to many of the kids who had questions or wanted more information.

May also brought our annual Community Baby Shower. This event is a collaboration with Wayne Metro and Western Wayne Family Health centers. Each of these organizations brought their expertise to offer an educational and fun filled day. Project Linus provided each participant a newly made blankets We had well over 100 in attendance!



This summer:

June begins our Summer Engagement. We keep these young parents engaged in programming and offering them opportunities to experience fun family activities. We discuss parenting and age appropriate behaviors while they building relationships with us and each other. We encourage volunteers with children to attend to serve as role models in parenting skills.

Successes:

Three of our youth from the program graduated high school this year. Ms. Ashley and I sat in the front row to cheer two of them on.

Another one of our youth decided to attend Flint Job Corp. to finish her high school education and go on to job training. Flint is one of only a handful of facilities in the US that has housing and childcare on site. While we will miss her, we are proud of her making positive change.

Challenges:

Are getting fathers engaged. Contact us if you have questions, comments, or suggestions.



Like us on FaceBook! Starfish Parenthood Program



Student Leadership Services (SLS) participating in National Study

Student Leadership Services, Inc. (SLS) a non-profit founded in Michigan in 1982 to provide youth-led programs based on youth development theories, drug prevention principles and youth leadership practices in an integrated comprehensive approach will be participating in a National Study implementing Botvin LifeSkills Training (LST-BPP) Bullying Prevention Program for the 2019-2020 school year. Sixth and seventh grade students from Mason Middle School (Waterford), Royal Oak Middle School (Royal Oak) and Auburn Hills Christian School (Auburn Hills) will be participating. The LST-BPP curriculum is designed to teach students about topics such as bullying and cyberbullying, risk-taking, decision-making for health, managing stress and anger, and family communications. The program also includes an online educational game and resources for teachers and parents. National Health Promotion Associates (NHPA), is the research firm that develops, tests and distributes this program. NHPA, along with 30 middle schools, will be conducting a study funded by National Institutes of Health to evaluate this middle school curriculum. SLS Program Director Dawn Flood, LMSW, CPC-R and Prevention Specialist Elizabeth Kurkowski will be the instructors of LST-BPP program.

Botvin LifeSkills Training Program (www.lifeskillstraining.com) we will be teaching students how to make healthy decisions along with other important topics. SLS' intention is to support students in feeling more confident and more empowered in their daily live by making positive life- long decisions. SLS applies these strategies to real life situations.

SLS implements the program while engaging students through interaction and providing a safe and supportive environment. SLS incorporates Cooperative Learning strategies through instruction, hands-on-activities, interactive game, etc. SLS implements not only Botvin LifeSkills, but other evidenced-based programs such as: Strengthening Families Program (SFP), Guiding Good Choices (GGC), Prime for Life (PFL) and their own Nationally Certified student- led high school program Students Leading Students (SLS) and middle school program Students Taking A New Direction (STAND). These programs are funded by Oakland Community Health Network for Oakland County Schools. To learn more about SLS Programs visit www.SLStoday.org

Student Leadership Services Inc. Spreads Prevention to Central America

The "Summer Vibes and School Supplies Drive" was initiated by Youth Prevention Specialist, Elizabeth Kurkowski from the Michigan based Non-Profit, Student Leadership Services Inc. Shortly after returning home from her first trip to Belize, Elizabeth was grateful to meet such amazing and like-minded students who had the same goals and needs of students back in



the States; Belonging, success in and out of the classroom, and drive to do more for their community. After seeing firsthand, the struggles that students in Belize experienced, Elizabeth wanted to find a way to help while still maintaining the same effectiveness of a student-led experience she experiences while teaching LifeSkills to students in Michigan, which supports the vital social emotional learning tools that students worldwide need to be successful and meet their individual potential. With only a few weeks left of the school year in the States, Elizabeth quickly formed the "Summer Vibes and School Supplies Drive" to connect Michigan

Students with Belizean students. The drive created an international ripple effect of belonging, purpose, and gratitude from students and teachers in the States all the way to Belize. Students and teachers from multiple schools were eager to learn more about the students in Belize and understand how to help. Participating Oakland County Schools included Mason Middle School, Pierce Middle School, and Warren Mott High School. The drive generated about 5 suitcases packed with donated essential learning tools which served about 400 staff and students in Seine Bight, Belize.

Prevention Network Trainings 2020

All trainings conducted by Prevention Network qualify for MCBAP credit for CPS and CPC certifications (not for treatment professionals). We are always looking to increase and improve our trainings, so if you would like a training held near you or have a need for a training not listed, [please contact us!](#) We would be happy to work something out.

*Note: PN training(s) are MCBAP approved for CPS and CPC certifications.

- Substance Abuse Prevention Ethics – 7.0 MCBAP Hours Cost is \$100
- Basic Elements of Effective Prevention – 7.0 MCBAP Hours Cost is \$100
- Half Day: Social Media and the Teen Brain – 3.50 MCBAP Hours Cost is \$60/ Social Media Literacy – 3.5 MCBAP Hours Cost is \$60
- Full Day: Social Media and the Teen Brain – 3.0 MCBAP Hours Cost is \$60/ Social Media Literacy – 3.5 MCBAP Hours Cost is \$60
- Half Day: Alcohol and Current Drug Trends – 3.0 MCBAP Hours Cost is \$60

Visit our website to learn more and to register click here <https://www.preventionnetwork.org/trainings-events>

Submit your story/idea for the next 2020 Newsletter Contact us at info@preventionnetwork.org or [submit your story online](#)

Disclaimer: Prevention Network’s website educational and Informative video page includes information and links to internet and other resources. Some of these videos are for your consideration only and are not endorsed by PN or our funders. The information or content and conclusions of some authors should not be construed as the official policy of, nor should any endorsements be inferred by Prevention Network. Furthermore, the information provided should not be used for diagnosing or treating a health problem or disease and is not a substitute for professional care.

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| <p style="font-size: 24px; margin: 0;">September Fall 2019</p> <p style="font-size: 36px; margin: 20px 0 0 0;">Prevention Network</p> | <p>Prevention Network Team Ken Dail, Executive Director kend@preventionnetwork.org Mike Tobias, Michigan to Reduce Underage Drinking Coordinator miket@preventionnetwork.org Louise Harder, Michigan Higher Ed Network Program Coordinator louiseh@preventionnetwork.org Kristine Norton, Parenting Awareness Michigan Coordinator kristinen@preventionnetwork.org Joyce Hughes, Accountant joyceh@preventionnetwork.org</p> <p>Community Connections Detroit Executive Director, Community Connections Lisa Leverette, Director lisa@preventionnetwork.org Kathy Wyszacki Durham, Community Office Specialist kathym@preventionnetwork.org Kayla Perrin, Community Coach kperrin@preventionnetwork.org</p> <p>Special thanks to the Prevention Network’s Board of Trustees for supporting our mission and goals!</p> | <p style="color: #6a3d9a; font-weight: bold; margin: 0;">Creamy Healthy Chicken Enchilada Skillet</p> <p><i>Gluten-Free, Cook Time 30 minutes, Total Time 30 minutes, Servings 4, Calories 337kcal</i></p> <p><i>Ingredients</i> 2 cups shredded chicken, pre-cooked 1 1/2 cups enchilada sauce 1/2 cup black beans, canned 1/3 cup diced peppers 1/3 cup Dairy Light Sour Cream 6 corn tortillas, torn into pieces 1/2 cup shredded Mexican cheese blend 1/4 cup cilantro (optional) 1 small avocado</p> <p>Instructions Combine chicken and enchilada sauce in skillet over medium-high heat. Stir, then add in the black beans and diced peppers. Mix in the sour cream and corn tortilla pieces, continue to stir. Once everything is evenly hot, top the casserole with cheese and optional cilantro. Scoop the casserole into 4 dishes and serve with avocado slices or store and refrigerate for later in the week! Enjoy! https://www.jaroflemons.com/</p> |
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- ✓ Prevention Network Michigan
- ✓ Michigan Coalition to Reduce Underage Drinking (MCRUD)
- ✓ Parenting Awareness Michigan
 - @PAM_MIParenting

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