

Parenting Awareness Michigan

28th Annual Virtual Parenting Awareness Michigan (PAM) Conference is November 20, 2020

The COVID-19 pandemic has prompted a global shift in meetings and events, many moving from in-person gatherings to a more virtual implementation. PAM embraces these changes not only during these unprecedentedly uncertain times, but to inspire our network and colleagues to expand our reach, engaging and empowering us and others to connect locally and globally, especially at a time when timely research and connection are of great importance. PAM's mission is to bring professionals together to promote parenting awareness, education, and resources through state outreach and local effort. The PAM steering committee is dedicated to ensuring that the conference has quality content for our audience. We showcase current research, best practices, stories of successful collaborations, lessons learned, and solutions to community-wide issues within various program tracks. Our keynote speaker and breakout sessions with closing session provide attendees with knowledge, and practical ideas to help children and families around the state. **Our conference is a unique experience for anyone interested in** celebrating people raising children and promote year-round education and resources for parents and caregivers.

Who Should Attend? This conference targets; individuals who work with parents and families, educators, service providers, school personnel, parent networks, coalition members parent leaders, volunteers, and anyone interested in parenting.

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Keynote Speaker: Barb Flis, Founder, Parent Action for Healthy Kids, **Social Distancing with Families – The Covert Pandemic**” this session will provide participants with an inside look at a case study conducted on family engagement. We will share stories of the attempts to put theory into practice and the roadblocks along the way. We will reveal, how in the midst of the case study, the pandemic hit and how the lessons on the importance of strength-based internal strategies and practices were actualized. By the end of this session participants will: Examine their commitment and capacity to engage families; Analyze the significance of thoughts, language and story telling; Practice utilizing their energetic system. **Two breakout session with four presentations will include:** Risk-Taking and Substance Abuse by David Allen Tyler, Sanilac County Counseling Services, Emergency Preparedness for Families in Michigan by Trp.

Ronnie Evans; Programming in the time of COVID-19: The Rapid Transition to Virtual Programming for Parents and Families by Leigh Moerdyke, and Brandy Hannah, Arbor Circle, and Children and Trauma by Tonya Womack, and Carolina Garza Flores, Care House of Oakland County **Closing Session:** Christine Triano, MSW, LCSW, Adult & Adolescent Psychotherapist, Director of Mental Health for The Center for Connection, from Pasadena, California **“Why Self-Care is More Important Than Ever.”** Parents, caregivers, educators, and advocates for children and young people are especially likely to end up giving until our wells runs dry. This session will address the fact that it simply is not possible to be there for others without also taking care of ourselves.

Cost; \$35 . 4.5 Continuing Education: CEU credits will be offered for MCBAP, Social Work, and CFLE pending approval. Registration will be available soon. Visit the website for regular updates. <https://www.preventionnetwork.org/parenting-conference>. Please remember to like us on Facebook

<https://www.facebook.com/ParentingAwarenessMichigan/>.

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