Infant and Early Childhood Mental Health
The foundation of all future development

Everyone who touches the life of a child can promote social and emotional well-being

Social and emotional development, or **infant and early childhood mental health**, is the developing capacity of a child from birth to 5 years old to...

1. Form close and secure **adult and peer relationships**...
2. Experience, manage and express a full range of emotions...
3. Explore the environment and learn...

...all in the context of family, community, and culture.

Where can we promote social and emotional well-being?

- Pediatric health care
- Early intervention
- Early care and education
- Home visits
- Judicial system
- Policy
- Child welfare

*Early connections last a lifetime.*

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